Hospital Story

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HRET
HEALTH RESEARCH & EDUCATIONAL TRUST
In Partnership with AHA

Objectives and About Us

- Objective – Share Patient Fall Prevention Activities, Barriers and Successes
- Union Hospital, Terre Haute, IN
  - 380 bed acute care facility
  - Largest hospital between St. Louis and Indianapolis
  - 2010 New Facility Addition

Team Formation

- Clinical Fall Team –Reinitiated March 2012
  - Front Line Staff
  - Therapy
  - Pharmacy
  - Addressed as a system- CAH
- Collaboration with University
  - Research Students
- Senior Leader Support

AIM and Measure Selection

- Critical Success Factor
  - Falls reduction goal for organization
- AIM
  - Reduce patient fall rate to =/< 2 per 1000 patient days by end of fiscal year 2012
    - Reduce severity of patient injury as a result of falling

Tests of Change

- Yellow- the official color of falls
- Equipment
  - Chair alarms for every room
  - Bed Alarms and zone assignment
  - Gait belts
  - Double sided slippers
- Staff
  - Hourly Rounding & Patient Handoff
  - Fall Huddles/ Team Huddles
  - Education Rounding- cost of falls
  - Monthly fall data distribution- by Overall Rate & Unit Rate
  - Surveyed on understanding of fall assessment & prevention
  - High risk fall patients attended while in bathroom

Tests of Change

- Technology
  - Bed/Chair alarms linked to staff members wireless communication devices
  - Yellow Corridor Lights
    - Yellow Magnets
- Sitters
- Fall Assessment Tool
- Patient Education
  - Education channel & in patient packet upon admission
- Team reviews fall data detail monthly
  - Peer Review
- Daily Check In

Barriers, and How We Resolved those Barriers

- Equipment
  - Bed and Chair Alarms
    - Beds- Zone Re-Education
      - Maintenance notification of check if fall occurs
    - Chair- unable to locate in room, battery life
- Fall Assessment Tool
  - Selection of new tool
- Assessment of monthly fall data include medication
  - Vice President of Medical Affairs
  - Look at Pharmacy Interns

Advice for Fellows

- Front line staff to lead change
  - Senior Leader Support
- Present education to staff- consider including cost of a fall.
- Increase frequency & visibility of fall data
  - Competitive
  - Creative
- Be ever mindful of re-education needs

Wrap Up and Next Steps

- In summary- Work to Continue
  - Improvements in numbers:
    - 15% decrease in number of falls
    - 50% reduction in our fall injury rate
- Next Steps
  - Finalize fall and risk for injury assessment tools.